

# CHRISTINE HAMORI

COSMETIC SURGERY + SKIN SPA

When considering a skin care treatment, don't you owe it to yourself to choose the very best? **Christine Hamori Cosmetic Surgery + Skin Spa** is a physician-supervised medical spa facility using the latest treatments and techniques to ensure your satisfaction, safety, and desired results. In addition to physician supervision by a board-certified plastic surgeon, our staff includes a registered nurse, licensed aesthetician, and certified IPL technicians. Our clinical, office and waiting areas are designed for your comfort and convenience. We're proud of our facility — please come in and meet our staff and take a look around!

Also, please take advantage of our complimentary skin care evaluation with an aesthetician or nurse who can recommend the best treatments and products for your particular skin type and needs... *for the best you can be!*



**CHRISTINE A. HAMORI, MD, FACS**  
*Board-certified: American Board of Plastic Surgery, American Board of Surgery Fellow: American College of Surgeons MD: Tulane University School of Medicine, New Orleans, LA Member: American Society of Plastic Surgeons, New England Society of Plastic and Reconstructive Surgeons*



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781.934.2200

## MEDICAL SPA TREATMENTS

### ○ Fractional Skin Resurfacing

This laser treatment is designed to target sun damaged skin, acne scars, fine lines and wrinkles by zeroing in on damaged tissue. Microchannels penetrate into the dermis, eliminating damaged pigmented cells and leaving surrounding healthy tissue unaffected. The body's natural healing process then accelerates the production of new, smoother tissue to replace skin texture imperfections. *Please call to schedule a free Fractional Skin Resurfacing consult.*

### ○ Thermage™ Thermal Lift (Skin Tightening)

ThermaCool TC™ from Thermage is now available for many non-surgical facial and body tightening applications. This FDA-approved procedure has been seen on Oprah and in many women's magazines. It may eliminate the need for a brow lift, reduce jowl and neck laxity, tighten and lift skin around the eyes and significantly improve the lower facial areas. Additionally, it can tighten thigh skin, abdominal skin and even improve cellulite. Thermage uses a radio frequency system that causes thinned and flattened collagen to contract and tighten. Procedures have no recovery period and can last for up to three years. *Please call to schedule a free Thermage consult.*

### ○ VelaShape™ Anti-Cellulite Treatment

VelaShape by Syneron is a new effective treatment for cellulite. This FDA-approved non surgical body treatment improves body shape and skin tone both deep and superficial layers of the skin. Thighs shrink in size and cellulite fades. VelaShape has no-downtime and is a virtually painless treatment for body reshaping and cellulite reduction. *Please call for a free VelaShape consult.*

### ○ Leg Vein Treatment

Visible red, blue or purple leg and facial veins may occur as a result of sun exposure, oral contraceptives, hormone therapy or age. Now, a new cosmetic laser treatment can decrease the appearance of these "spider veins" that can make you look old and feel self conscious. The Cynosure laser emits a prescribed dose of energy to the unwanted veins while sparing the surrounding tissue area. Typically one or two treatments are required with visible results in 4–6 weeks.

## ANTI-AGING TREATMENTS

### ○ GentleWaves® LED Photomodulation®

GentleWaves, the first LED device FDA-approved for wrinkle reduction, offers a totally natural non-ablative method for skin rejuvenation. In a process similar to photosynthesis in plants, the LED light interacts with cells and stimulates them to produce more collagen and elastin, minimizing visible signs of aging and decreasing signs of inflammation. The procedure is painless and produces visible results in 4–6 weeks.

### ○ IPL Photo Rejuvenation

Pulsed light phototherapy uses intense pulsed light (IPL) to treat sun spots, pigmented lesions, fine lines, wrinkles and rosacea. By promoting cell growth and enhancing collagen production, IPL leaves behind clearer, smoother and younger appearing skin. Ugly brown spots on face, neck, chest and hands are also removed with this painless light treatment.

### ○ Photodynamic Therapy (PDT)

Photodynamic Therapy is a combination treatment of IPL and ALA (aminolevulinic acid) for rough sun spots. A more youthful appearance is achieved by reducing fine lines, age spots, rough spots, rosacea and seboreic hyperplasia. You will notice, healthier, younger-appearing skin.

### ○ Vitalize Peel

Ten percent alpha hydroxy and 0.3 percent retinoic acids penetrate deep into the skin to induce exfoliation and collagen regeneration. This is an effective formulation that reduces brown spots, fine lines and acne breakouts. Skin is left smooth and radiant after just a few days.

### ○ Glycolic Acid Peel

Designed to smooth and retexture, glycolic peels purge clogged pores and repair sun damaged skin. Thirty to fifty percent glycolic acid is used to uncover younger more translucent skin. This anti-aging treatment gently exfoliates the skin allowing better penetration of products and a more youthful glow.

## FACIALS

### ○ Ultrasonic Facial (DermaSound™)

Pores are cleansed and skin exfoliated with a cascade of gentle soothing microscopic bubbles designed to clean and stimulate the skin. Vitamins are then ultrasonically delivered to deep within the dermis. DermaSound extracts toxins, shrinks pores leaving a healthy glow to the face.

### ○ Hot Stone Facial

Experience the ultimate in peace and relaxation while melting away tension and fatigue with this unique facial. Warm smooth stones are used to gently massage the face and neck as circulation is stimulated and toxins eliminated.

### ○ Oxygen Facial

Oxygen is what helps the skin to look fresh and moist. This facial uses a unique emulsion that helps oxygen penetrate the skin clearing away a dull complexion. This process helps increase circulation, allowing skin cells to function more effectively and achieve their proper balance.

### ○ Acne Facial

Developed specifically for deep-pore cleansing, this treatment gently extracts impurities from the skin and eliminates bacteria that can cause acne. A purifying mask is then applied to restore skin to a fresh radiant state.

### ○ Gentleman's Facial

We created this special facial just for men using natural organic, non-greasy, non-perfumed products. This facial is wonderfully relaxing: steamed towels are applied to the face and neck while the aesthetician performs a soothing hand massage. It is excellent for all skin types.

Prices available upon request

## ACNE TREATMENTS

### ○ Levulan® Kerastick Therapy

Levulan ALA is a state-of-the-art treatment for treating stubborn acne. Tiny glands beneath the surface of the skin can become blocked and form pimples. Levulan ALA, combined with a light source, shrinks these glands and kills bacteria in the skin. The treatment is painless; but patients experience redness similar to mild sunburn up to 7 days after treatment. Several treatments may be required.

### ○ IPL Acne/BLU-U® Blue Light Phototherapy

IPL/Blue Light Phototherapy is a revolutionary, in-office treatment that is FDA approved for the reduction of mild to moderate inflammatory acne. The combination of our light based acne treatments will help destroy bacteria associated with acne and suppress oil gland production. Recover time is limited and most patients return to school or work immediately.

### ○ Microdermabrasion

We offer DiamondSkin *crystal-free* microdermabrasion to effectively treat the appearance of fine lines and wrinkles, brown spots, scars and acne blemishes. DiamondSkin is similar to particle microdermabrasion and chemical peels in results, but without the adverse effects of aluminum-oxide particles. Skin is left smooth and glowing following the procedure.

### ○ Vitalize Peel

Ten percent alpha hydroxy and 0.3 percent retinoic acids penetrate deep into the skin to induce exfoliation and collagen regeneration. It is an effective and gentle formulation that reduces brown spots, fine lines and acne breakouts.

### ○ Back Purifying Treatment

This deep cleansing and exfoliation treatment reduces clogged pores and improves the overall appearance of back skin. A 60-minute procedure, which includes IPL acne/Blue light treatment, helps reduce breakouts.

### *Receive A Free Skin Care Consultation*

Please call to schedule a complimentary skin care consultation. Our nurse/aesthetician will explain and recommend treatments and products for you based on your skin's unique needs.

**781-934-2200.**

### *Gift Certificates Available*

Give the gift of rejuvenation with a skin spa gift certificate for *a la carte* services or for a specified dollar amount. Order by calling **781-934-2200.**

[www.christinehamori.com](http://www.christinehamori.com)

## LASER TREATMENTS

### ○ Rosacea Treatment

Rosacea or broken capillaries of the face, nose and chin may be erased with the VariLite™ diode laser treatments. VariLite is performed by a certified specialist in our Skin Spa and takes approximately 30 minutes. A cool numbing gel is applied to the face prior to the laser treatment to reduce any discomfort.

### ○ Cherry Hemangiomas Removal

Cherry hemangiomas or red spots on the chest and abdomen can be removed in one treatment with the VariLite™ laser. A cooling gel is applied over the spots to reduce discomfort. Spots literally disappear with this simple safe effective treatment.

### ○ Brown Spot Removal/Lightening

Dark skin lesions begin to develop over the face and chest as we get older. These unsightly pigmented lesions or seborrheic keratosis can be removed or lightened using laser or light (IPL) treatment. Our aesthetician/nurse will evaluate your dark spots, then use the laser to gently eliminate or lessen the dark pigment.

### ○ Laser Hair Removal

This process drastically reduces hair of underarm, upper lip, cheek, bikini line, or back. We now have two laser technologies the Alexandrite laser and the "light pulse" hair removal laser. Patients are evaluated and treated with either machine based upon their hair reduction needs.

## WAXING

### ○ Brow, Lip and Bikini Waxing

In addition to laser hair removal, we also offer a wide variety of waxing options. *Please call for more information.*

Prices available upon request.

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## MENU OF SERVICES



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